

Jan Dice & Associates PLLC

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GROUP THERAPY AGREEMENTS

ATTENDANCE:

Your attendance is expected at all group meetings. Sessions meet four times each month. If you cannot attend a meeting, you are asked to call Jan Dice, the group leader, at the number above. Group attendance is very important and when you are absent the other group members miss you. Please consider the others and be present for all meetings.

PAYMENT:

The fee for groups is \$250 per month. A space has been reserved for you in the group, and regardless of why you must miss a session, payment is expected in full. Prompt payment is expected prior to your first group session.

EXIT AGREEMENT:

Quite often group members form very close attachments to each other. When a member gives notice of leaving the group, it is important to come to say good-bye to the group. After notice is given, you are asked to attend two more group meetings in order to give you and the group adequate time to deal with the good-bye process.

COMMITMENT TO THE GROUP:

All members are asked to give a minimum of three months to the group process. It is harmful to the group dynamics to have members come and go without any real commitment to themselves or others to work through issues. If you feel that you cannot make this time commitment, please do not join the group.

GROUP PURPOSE AND INTERACTION:

Group is a safe, honest environment for processing life issues, challenges and ineffective behaviors. Trust and honesty in the interaction and sharing for members is vital to the group process. Accordingly, group members agree to the following:

- Not to engage in dating, romantic or sexual relationships.
- Not to engage in business relationships including employment of one another.
- Not to engage in the buying or selling of goods or services from one another.
- To share within the group any kind of interaction with one another that occurs outside the group.

CONFIDENTIALITY:

Confidentiality must be maintained at all times both for group trust and group cohesion. All communication of group members outside the group must be reported at the next group session.

I, _____ have read and understand the above agreements. I agree to adhere to all of these agreements.

Name: _____

Date: _____